



Additional research articles

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Haider, S; Luger, E; Kapan, A; Titze, S; Lackinger, C; Schindler, KE; Dorner, TE. Associations between daily physical activity, handgrip strength, muscle mass, physical performance and quality of life in prefrail and frail community-dwelling older adults. *Qual Life Res.* 2016 Dec;25(12):3129-3138. DOI: 10.1007/s11136-016-1349-8

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Lackinger, C; Strehn, A; Dorner, TE; Niebauer, J; Titze, S. Health resorts as gateways for regional, standardised, sports club based exercise programmes to increase the weekly time of moderate- to vigorous-intensity physical activity: study protocol. *BMC Public Health.* 2015 Dec 21;15(1):1265. DOI: 10.1186/s12889-015-2581-9

Dorner, TE; Crevenna R. Preventive Aspects Regarding Back Pain. *Wien Med Wochenschr.* 2016 Feb;166(1-2):15-21. DOI: 10.1007/s10354-015-0413-2

Eichinger, M; Titze, S; Haditsch, B; Dorner, TE; Stronegger, WJ. How are physical activity behaviors and cardiovascular risk factors associated with characteristics of the built and social residential environment? *PLOS One.* 2015 Jun 2;10(6):e0126010. DOI: 10.1371/journal.pone.0126010

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Dorner, TE; Lackinger, C; Haider, S; Luger, E; Kapan, A; Luger, M; Schindler, KE. Nutritional intervention and physical training in malnourished frail community-dwelling elderly persons carried out by trained lay "buddies": study protocol of a randomized controlled trial. *BMC Public Health.* 2013 Dec 27;13(1):1232. DOI: 10.1186/1471-2458-13-1232

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Dorner, T; Kranz, A; Zettl-Wiedner, K; Ludwig, C; Rieder, A; Gisinger, C. The effect of structured strength and balance training on cognitive function in frail, cognitive impaired elderly long-term care residents. *Aging Clin Exp Res.* 2007; 19: 400-405.